




# Longrun Meadow's permanent orienteering course



Why not have a go? You can use your smartphone to scan the QR codes.

1. Download a map of Longrun Meadow from the Quantock Orienteers website.
2. Download the FREE **iorienteering** App
3. **Scan the course "Longrun Meadow" QR code** 
4. **Scan the "start" QR code** 
5. Run or walk the course and scan the QR code on each post
6. **Scan the "end" QR code** 
7. If you wish you can upload your result and compare it with others.

[www.quantockorienteers.co.uk](http://www.quantockorienteers.co.uk)